QUIT BLAMING

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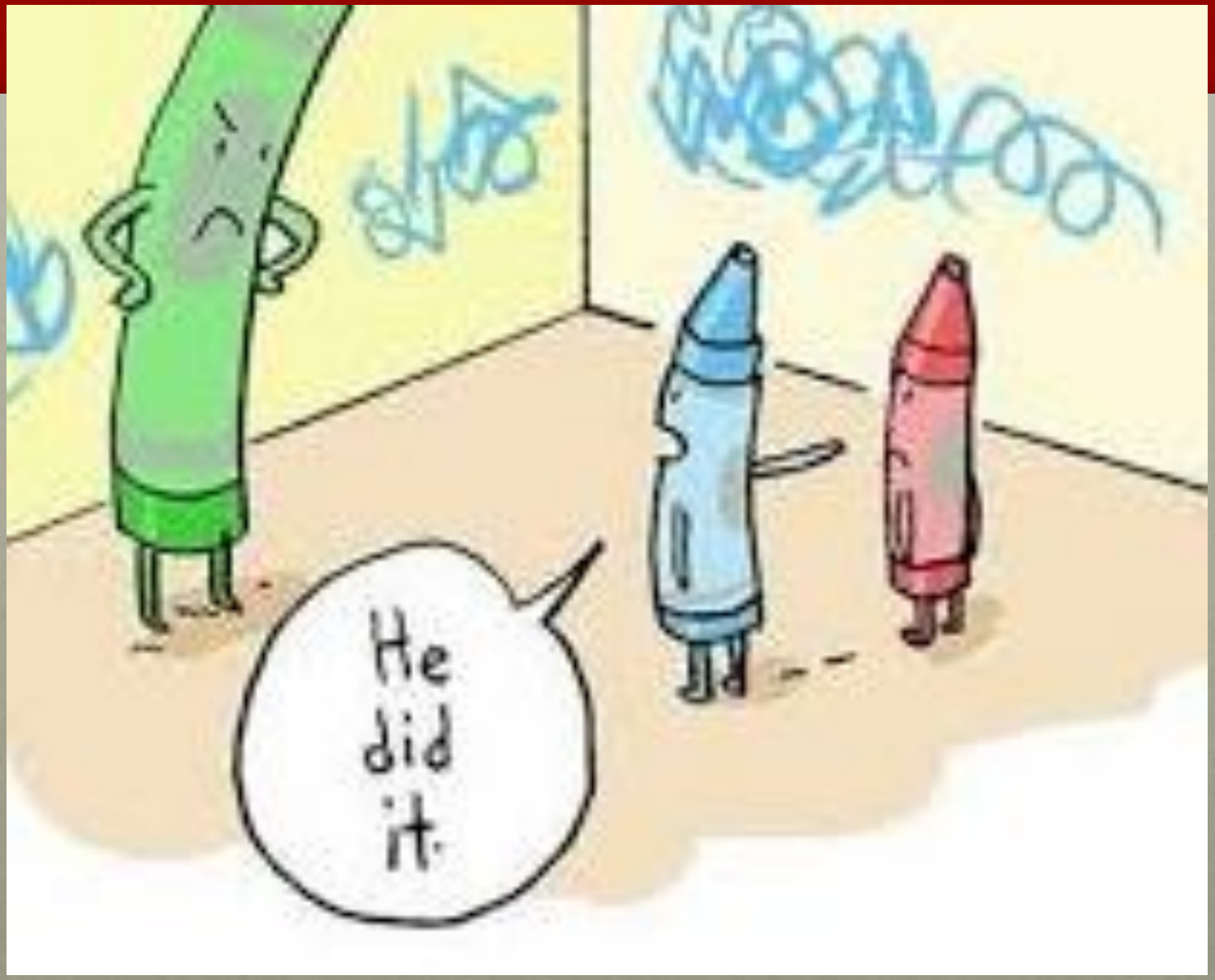
He did it.

You are ruining my life!
My boss makes me miserable. I wish I could work somewhere else….
The church is not meeting my needs…
I'm exhausted because my spouse won't take a holiday.
My relationship is so bad because he won't go to counselling.
I'm only in so much debt because my job pays so little.
Credit card companies are ruining my life!
My mum and dad never supported me at school so I'll never amount to much.

INJURED?
Where there's blame
BAKER JOHNSON
LAWYERS
There's a claim.

- Adam and Eve
- Sarah and Hagar
- Joseph's brothers
- The Israelites in the desert
- Moses blaming God
- Saul and David

“Blame strips us of our God-given personal power and keeps us helplessly stuck in immaturity.”

Making this particular choice, do I become more Jesus-like; more the person I want to become, or less?

You may be using blame to avoid personal responsibility if:

- 1. You feel you have been dealt a “bad hand” in life.
- 2. You don’t think you can change anything in your life for the better.
- 3. You view negative occurrences and relationships in your life as being out of your control.
- 4. You rarely believe you are wrong.
- 5. You think apologising is a sign of weakness.
- 6. You dwell on the past instead of looking to the future.