

Service	Information
The Help Hub	For those who have found themselves on their own and feeling isolated/fearful. Group of qualified therapists who are giving their time to freely help people during these times. Can book a 20 minute, skype, facetime or telephone chat. Can book online through a calendar from 23 rd March 2020. https://www.thehelpub.co.uk/
Warwickshire County Council	If you have concerns about an unsupported elderly, at risk or homeless person with care and support needs who needs to self-isolate due to COVID 19, contact the customer service centre on 01926 410410 to make them aware.
COVID Mutual Aid - Leamington	A strong team of volunteers completing tasks/requests for those unable to get out or isolating. You put a request through online and their team of over 600+ volunteers will try to meet it. <ul style="list-style-type: none"> - Prescription collections, - Shopping - Basic Necessities collection - Social call to check in if anxious due to current climate, isolated or lonely. - Cash transfer, mobile all accepted https://warwickleamingtoncovidhelp.wordpress.com/request-help/
Help my neighbour	Smaller than the above but set up to deal with similar requests and demands. Prescription collections, dog walking, posting letters, or a friendly catch up by phone 01926 314220 or helpmyneighbour2020@gmail.com
Mind (Mental Health)	Advice on taking care of your wellbeing during current period, if staying at home or anxious https://www.mind.org.uk/information-support/coronavirus-and-your-wellbeing#collapse87394
<i>Age UK Coventry & Warwickshire will continue to operate its services and activities as normal</i>	
Helping Hands	Volunteer drivers delivering food parcels and essential items for those who are struggling with having to self-isolated – doorstep delivery. If someone needs emergency food parcels and essential items please complete the COVID-19 referral form http://tiny.cc/bdlklz
Warwick District Foodbanks	As of 23 rd March 2020, they will be operating a reduced service. Only centres open at their usual times are: Wednesday: St Marys, Leamington, 1-3pm Thursday: St Pauls, Leamington, 1-3pm Friday: Westbury Centre, 11-1pm

	<p>Friday: Saltisford Church, 1-3pm</p> <p>They will be giving out pre-packed boxed from the front door. Only go if the individuals has a voucher.</p> <p>A list of places where a voucher can be obtained can be found here: https://warwickdistrict.foodbank.org.uk/wp-content/uploads/sites/324/2017/01/Foodbank-Flyer-031016.pdf</p> <p>Also note Clarendon Lodge Medical Centre have some once signed by doctor.</p>
Leamington Night Shelter	<p>Providing hot meals, safe place for the homeless and vulnerably-house members of community.</p> <p>Reduced schedule: Friday and Saturday evening, 7:30-9:30 Sunday morning 8:30-10 Serving hot food and giving out supplies including food parcels</p> <p>The Priors Club, Towers St, CV31 2DR</p>
Appoint Us	<p>Official personal care company, specific services during current climate.</p> <p>All staff enhanced DBS checked and following NHS guidelines.</p> <ul style="list-style-type: none">- Shopping- Hot meals- Collect and deliver prescriptions- Check on relatives- Keep people company <p>Contact: 024 7699 8414</p> <p>Cost: £6.00 to cover fuel costs.</p>